

## Peer review –

Chakravorty, T. What are the social, psychological and physical health challenges facing adolescents in the UK? The Physician vol 6; issue 2: epub 15.09.2020

<https://doi.org/10.38192/1.6.2.26>

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Completed 25.09.2020

<https://doi.org/10.38192/1.6.2.26.pr2>

Review:

1. The article is very relevant in today's world as it addresses the topic of mental health in adolescents - an area that needs further research and interventions urgently and is finally getting prioritised after being neglected for decades. The author has clearly set out the scope and aim of her essay, and makes her point in a clear, methodical fashion, with appropriate references.
2. The article brings together research findings which are relevant to the topic in a lucid, direct style, makes a persuasive argument in favour of targeted interventions to improve mental health of adolescents. Thus it serves as a useful introduction to the current literature on this topic, even though it does not add any original de novo research findings.
3. The article is well-written, but could be further improved with more elaboration on the impact of cyber-bullying on adolescents and the effect of social media on mental health.
4. No methodological flaws were evident.
5. The author could consider focusing further on past interventions which have led to improvement in mental health of adolescents, including suicide prevention measures.

Conflict of Interest None